In partnership with Stoke-on-Trent Libraries



## Menopause Talks

Take Control of Your Menopause with a Smart Approach





A free book signing & promotion and

free refreshments

No need to book, just come along on:

Friday 12 May 2023 Longton Library 2.00pm - 3.30pm

A free talk from leading experts & clinicians to support you to take some positive steps.

We're in this together.

Longton Library
Sutherland Institute, Lightwood Rd
Stoke-on-Trent ST3 4HY
Upstairs in the lecture theatre



**Authors:** 

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City of Stoke-on-Trent

For more information contact Library.ICTMentorTeam@stoke.gov.uk or call 01782 232196